

# 5 Day Devotional

## Day 1: You Can Call Him Dad

### Devotional

Most of us grew up with a certain image of God. Distant. Formal. Hard to please. So when we pray, we treat it like a performance, carefully choosing the right words, hoping we sound spiritual enough.

But Jesus flips that entirely. When His disciples asked Him to teach them to pray, He did not hand them a script to recite. He gave them a posture to adopt. He said, start with Father. Not "Almighty Sovereign of the Universe" (though He is). Just Father. Dad. The most personal word a child can use.

This was radical. In the Old Testament, God was rarely called Father in a personal, individual sense. But Jesus invites us into the same relationship He Himself enjoys with God. That means you are not approaching a judge waiting to find you guilty. You are coming to a Father who already knows your name, who chose you, adopted you, and loves you without condition.

That changes everything about how you pray. You do not have to perform. You do not have to clean yourself up first. You just come. Like a child walking into the kitchen to talk to their parent, no appointment needed, no perfect words required.

If prayer has felt heavy or intimidating, this is your encouragement today. God is not waiting for you to get it right. He is waiting for you to show up.

### Bible Verse

"When you pray, say: Father, hallowed be your name, your kingdom come." - Luke 11:2

### Reflection Question

If you truly believed God wanted to hear from you the way a loving parent wants to hear from their child, how would that change the way you pray?

### Quote

You don't focus on prayer, you focus on the Father. It's through prayer we get to know Him.

### Prayer

Father, thank You for the invitation to call You by that name. Help me to come to You with the openness and trust of a child, not the anxiety of someone trying to earn Your approval. Amen.

## Day 2: A Father Who Does Not Change

### Devotional

One of the most exhausting things about human relationships is that love can feel conditional. People pull away when you disappoint them. Approval comes and goes depending on your performance. Over time, you start to wonder if God works the same way.

He does not.

God is holy, which means He is entirely set apart from everything broken and inconsistent in this world. He is not moody. He is not swayed by your worst day or impressed only by your best. He is unchanging, altogether good, and perfectly just in everything He does.

And here is what makes that so personal: this holy, unchanging God has chosen to be your Father. His love for you is not based on what you bring to the table. It is rooted in who He is. That means on the days you feel like a failure, His love has not shifted. On the days you feel far from Him, He has not moved.

This is the God you are talking to when you pray. Not a distant authority keeping score, but a perfect Father whose character never wavers. You can bring Him your mess, your doubts, your honest questions, because He already knows and He is not going anywhere.

Let that settle in today. You are loved by someone who cannot love you any less than He does right now.

### Bible Verse

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows." - James 1:17

### Reflection Question

In what area of your life have you been treating God as though His love for you depends on your performance?

### Quote

There's nothing you could do that can cause me to be separated from that love. I won't love you less. I'll love you with a perfect love and I'll never take it back.

## **Prayer**

God, thank You that Your love is not like anything I have experienced from people. Help me to rest in the truth that You are unchanging and that Your love for me is secure. Amen.

## Day 3: Your Father Is Also King

### Devotional

It is easy to pray and feel like your words are bouncing off the ceiling. Life feels out of control, the world feels chaotic, and you wonder if anyone is actually in charge.

Here is something worth holding onto: the Father you are praying to is also the King of kings. He rules over every nation, every leader, every circumstance that feels too big for you to handle. When Jesus taught His disciples to pray for God's kingdom to come, He was not asking them to wish for something uncertain. He was inviting them to align themselves with a kingdom that is already advancing.

This changes the tone of prayer. You are not begging a reluctant God to act. You are a child of the King, coming to your Father with confidence, asking that His will be done in your life and in the world around you.

Prayer is not passive. It is one of the primary ways you participate in what God is doing. When you pray for your family, your city, your circumstances, you are joining a King who is already at work. You are not informing Him of problems He missed. You are trusting Him with things that matter to you, because they matter to Him.

You have access to the most powerful Father in existence. Come to Him boldly today.

### Bible Verse

"Your kingdom come, your will be done, on earth as it is in heaven." - Luke 11:2

### Reflection Question

How would your prayers look different if you genuinely believed you were speaking to the King who holds authority over every situation you are facing?

### Quote

Our Father happens to be the king of kings. He rules and reigns over all kingdoms and nations and leaders and presidents and prime ministers.

### Prayer

Father, You are King over everything that feels out of my control. Help me to pray with confidence, trusting that Your kingdom is advancing and that You are working in ways I cannot always see. Amen.

# Day 4: Forgiven People Forgive

## Devotional

Forgiveness is one of the hardest things Jesus asks of us. And yet, right in the middle of the prayer He taught His disciples, it shows up. Ask for forgiveness. And forgive others.

Those two things are not separate. They are connected at the root.

When you begin to understand the depth of what God has forgiven in you, holding a grudge starts to feel different. Not easy to let go of, but different. Because you realize you are not the one standing on the moral high ground. You are someone who has been shown extraordinary grace, and that grace is meant to flow through you, not stop with you.

Forgiveness does not mean pretending the hurt did not happen. It does not mean the other person was right. It means you are releasing the debt because you have already been released from one far greater. It is an act of trust that God is the one who brings justice, not you.

This is one of the most freeing things about prayer. You can bring your anger, your wounds, and your struggle to forgive directly to the Father. You do not have to manufacture feelings you do not have. You just come honestly and ask Him to help you get there.

You have been forgiven much. That is the foundation for everything else.

## Bible Verse

"Forgive us our sins, for we also forgive everyone who sins against us." - Luke 11:4

## Reflection Question

Is there someone in your life you have been withholding forgiveness from, and how does remembering what God has forgiven in you change how you see that situation?

## Quote

When we experience that level of forgiveness, how can we not forgive those that are indebted to us?

## Prayer

Father, thank You for the forgiveness I do not deserve. Where I am holding onto hurt or bitterness, soften my heart and help me to extend to others what You have so freely given to me. Amen.

## Day 5: You Are Not Alone

### Devotional

One of the most painful feelings in life is the sense that you are on your own. That no one truly sees what you are carrying or understands what you are going through. That you have to figure it all out by yourself.

Jesus knew His disciples would feel that way after He left. So He made a promise. He told them He would not leave them as orphans. He would send the Holy Spirit, a permanent presence who would be with them always.

The Holy Spirit is not a backup plan or a crisis resource. He is a full-time partner in your everyday life. He helps you pray when you do not have the words. He guides you when you are unsure which way to go. He reminds you of truth when fear or doubt gets loud. And unlike people, He does not get tired of you. You cannot wear out His patience or ask too much of Him.

Prayer is the place where you lean into that partnership. It is where you stop trying to carry everything alone and start letting the Holy Spirit help you carry it. That is not weakness. That is exactly what you were designed for.

You are not abandoned. You are not forgotten. You are loved by a Father who sent His Spirit to be with you every single day. All you have to do is ask.

### Bible Verse

"If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask Him!" - Luke 11:13

### Reflection Question

In what area of your life have you been trying to manage on your own instead of inviting the Holy Spirit to help you?

### Quote

You're not alone. You're not abandoned. You are loved. All you need to do is ask.

### Prayer

Father, thank You for not leaving me alone. Help me to stop striving in my own strength and to lean on the Holy Spirit You have given me, trusting that You are with me in every moment. Amen.