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# 2018

The year of Worry, Hurry and Fury



I.G.I.O

I'm glad I'm old

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Hurry, Worry and Fury &  
get Buried?





Some are so given to worry that,  
if we're not worried,  
that really worries us!



“Worry is like a rocking chair.  
It may give you something to do, but  
it won’t get you anywhere.”



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**Philippians 4:6**

**Do not be anxious about anything...**





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**Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.**



## Philippians 4:6 - 7

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

<sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



## **Luke 10:38-39**

**As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup>She had a sister called Mary, who sat at the Lord's feet listening to what he said.**



## Luke 10:38 - 40

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. <sup>39</sup>She had a sister called Mary, who sat at the Lord's feet listening to what he said. <sup>40</sup>But **Martha was distracted** by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"



**Luke 10:41 - 42**

**“Martha, Martha,” the Lord answered, “you are worried and upset about many things, <sup>42</sup>but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.”**



# Worry

*To live with a divided mind.*



**James 1:8**

**he is a double-minded man, unstable in all he does.**



## 3 IDENTICAL COMMANDS

- Matthew 6:25 “Therefore I tell you, do not worry...
- Matthew 6:31 So do not worry...
- Matthew 6:34 Therefore do not worry...



## Matthew 6:24

**“No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money.**



## 3 IDENTICAL COMMANDS

- Matthew 6:25 “Therefore I tell you, do not worry...ABOUT YOUR LIFE.
  - Matthew 6:31 So do not worry...ABOUT YOUR NEEDS.
    - Matthew 6:34 Therefore do not worry... ABOUT YOUR FUTURE.
- Matthew 6:34 ...for tomorrow will worry about itself. Each day has enough trouble of its own.

# **The National Science Foundation:**

- 40% of our worries never happen...



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- 30% of our worries concern events from the past...





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# **The National Science Foundation:**

- **40% of our worries never happen...**
- **30% of our worries concern events from the past...**
- **12% of our worries are needless health concerns...**
- **10% of our worries are about petty things...**
- **8% of our worries are about real, legitimate issues.**

# 5 BETTER QUESTIONS

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[Matthew 6:26b]



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3. **“Who are you by worrying can add a single hour to his life?”** [Matthew 6:27]



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4. “And why...worry about clothes?” [Matthew 6:28]



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3. **“Who are you by worrying can add a single hour to his life?”** [Matthew 6:27]
4. **“And why...worry about clothes?”** [Matthew 6:28]
5. **“If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe you?”** [Matthew 6:28]



## Matthew 6:25

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. **Is not life more important than food, and the body more important than clothes?**”



If God has been faithful to give you the MORE important things of life, why do you worry over the LESS important things?



## Romans 8:32

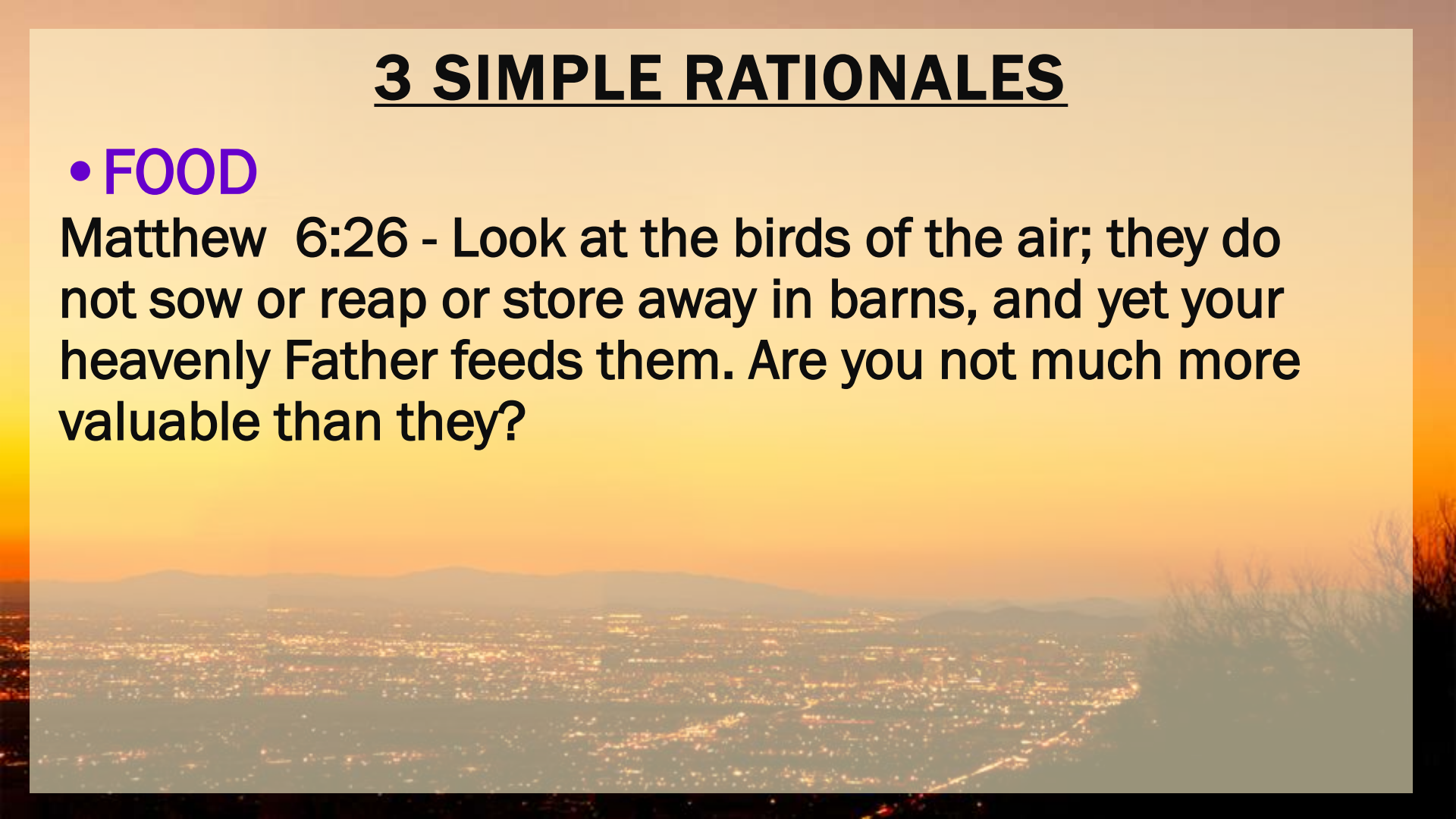
He who did not spare his own Son, but gave him up for us all — how will he not also, along with him, graciously give us all things?



# 3 SIMPLE RATIONALES

- **FOOD**

**Matthew 6:26 - Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?**





*BE A...*

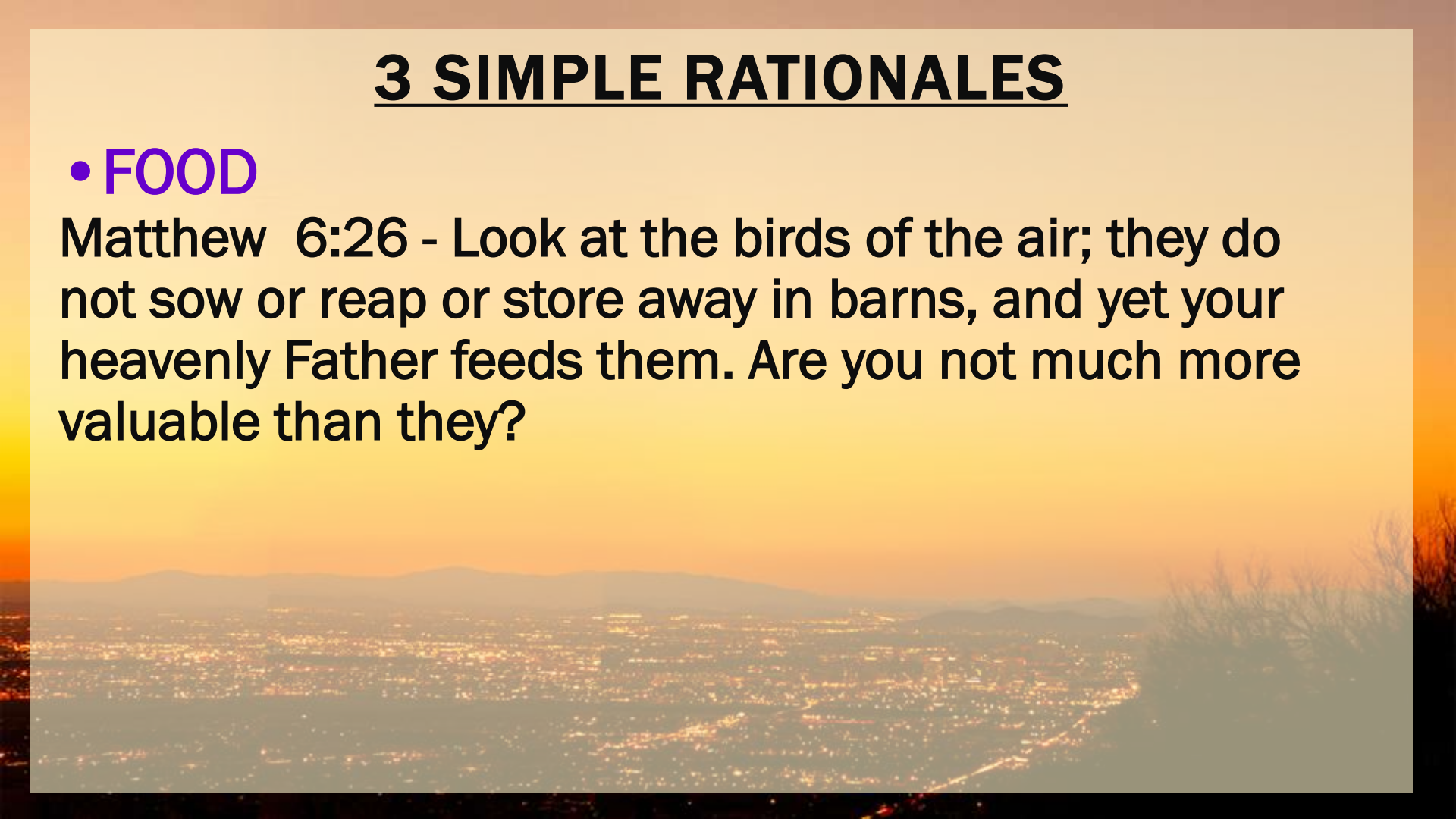


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- **LONGEVITY**

Matthew 6:27 - Who of you by worrying can add a single hour to his life?



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## **Psalms 139:16**

**All the days ordained for me were written in your book before one of them came to be.**





Maybe these things will improve the quality of your life, but they won't help you live longer; it'll only seem longer!



## 3 SIMPLE RATIONALES

- **FOOD**

Matthew 6:26 - Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

- **LONGEVITY**

Matthew 6:27 - Who of you by worrying can add a single hour to his life?

- **CLOTHING**

Matthew 6:28 - “And why do you worry about clothes?”

## Matthew 6:28 - 30

“And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. <sup>29</sup>Yet I tell you that not even Solomon in all his splendor was dressed like one of these. <sup>30</sup>If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith?



## 2 DRAMATIC CONCLUSIONS

- Believers who worry are living like pagans.

**Matthew 6:31 - 32**

**So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’**

**<sup>32</sup>For the pagans run after all these things...,**

## 2 DRAMATIC CONCLUSIONS

- Believers who worry are living like pagans.
- Believers who worry don't believe God knows my need.

**Matthew 6:31 - 32**

**So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'**

**<sup>32</sup>For the pagans run after all these things, and your heavenly Father knows that you need them.**

Maybe God's getting forgetful.



Or maybe He's growing indifferent.



**God knows.**

**And He cares.**

**But He is also “more than able.”**

## **Ephesians 3:20**

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...,



**Matthew 6:26a, 28b, 26c**

**“Look at the birds...see how the lilies of the field grow.”**

**“Are you not much more valuable than they?”**



Jesus isn't just interested in where your focus should NOT be— He wants to help direct your focus to where it SHOULD be.



## 2 POWERFUL RESPONSES

- Seek first His kingdom [Matthew 6:33]





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*“Most athletes who fail to become winners are those whose fears and anxieties prevent them from reaching their potential.*

*I overcame my fears and anxieties by a commitment to something far greater than winning a football game— a commitment to Jesus Christ.”*

*Tom Landry, as attributed by Howard E. Ferguson*

*The Edge*

**Matthew 6:33**

**But seek first his kingdom and his  
righteousness, and all these things will be given  
to you as well.**



## 2 POWERFUL RESPONSES

- Seek first His kingdom [Matthew 6:33]
- Start living one day at a time

**Matthew 6:34**

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.





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***“I have one rule that helps me cross the Fox River. I don’t cross the Fox River until I get there.”***

*As cited by  
Haddon W. Robinson,  
What Jesus Said*



**Your past cannot be changed and  
your future cannot be charted.**











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